



Called to Pray

The beginning of this summer season looks different than in years past. This year, only Residents, Sisters and staff have been allowed through our doors during the peak of the coronavirus pandemic. Access has been restricted to all other visitors in order to protect our Residents from the spread of infection. Though necessary, this has been challenging for everyone. In many ways, this virus has reminded us just how fragile we really are. Even though we are weak on our own, we know we are not alone. Our Lord is with us always, and through this experience, He is calling us to an ever-deeper faith, to trust in Him completely, to be fervent in prayer, and to be selfless in our service to one another.

Opportunities for prayer have been a great source of strength to maintain a joyful and communal environment in the Home these days. Our Residents still have the opportunity to attend Mass and pray communal rosaries daily, keeping appropriate social distance, of course. On some of our nicer weather days, some staff members have even been able to take a few Residents individually outside to pray the stations of the cross around our property. Every morning at 9:00am the home prays a prayer to St. Joseph for protection from the coronavirus over the loud speaker and every evening, the sisters walk the halls blessing the Home, praying for an end to the virus and for the protection of our Residents. These small acts are such a great source of solidarity and strength for us during this challenging time.

Centuries of Christians, including all of the Saints, have turned to prayer in their time of need. During Portugal's 1974 Carnation Revolution, Our Lady appeared to Sister Lucia (one of the Fatima visionaries) and said, "When a



million families pray the rosary, the revolution will end." The Little Sisters of the Poor across the world have begun a campaign to encourage all Catholics to listen to the call of our Blessed Mother and to pray the rosary for an end to the coronavirus. Please join us in fighting this battle by praying a daily rosary for an end to this pandemic. Prayer is truly a powerful weapon.

A big thank you to all of you who are keeping us in your prayers, we pray for you too! Your prayers are the best

service to us, especially as we continue to navigate these rocky waters. We know just how important these little acts of service are in this fight. Our Holy Father reminds us, "Prayer and quiet service; these are our victorious weapons." Someday, this will all be behind us and we will be able to be together, in person, again. We hope for that day! Until then, let us continue to fight this battle together by serving one another in the ways that we are able to and by remaining steadfast in prayer.

Save the Earth

The earth is our common home and it is our duty to care for it. Our Holy Father, Pope Francis, wrote an encyclical titled “Laudato Si” in response to the harm done to the earth through consumerism. In this document, he urges the faithful to take swift action to better care of our sister, the earth. In light of the Holy Father’s teaching, we are striving to make progress in developing an eco-friendly lifestyle around the home. Some examples of improvements we have made include changing the lights in the Home to energy efficient lighting and replacing the windows. We have taken steps toward water and energy conservation as well as waste reduction. Simple efforts like combining washes of laundry and eliminating the third rinse cycle, as well as running the dishwasher only when it is full, save over 1,000 gallons of water per week! We also upgraded all of the water fountains in the building. Now we can fill up reusable containers at the water fountain, reducing the need for disposable bottles. We have been more aware of making recycling readily available throughout the home, turning lights off when rooms aren’t being used, and lowering the thermostat instead of turning it on and off. Our main floor display is our daily reminder to be better stewards of the earth and each other. The small changes add up and we plan to continue to educate the whole home on our efforts to better care for our environment.



Department Spotlight:

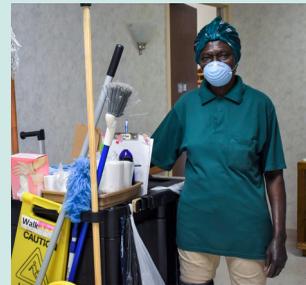
Housekeeping

We would like to highlight our housekeeping department in this newsletter’s Department Spotlight. We are incredibly blessed here at Mullen Home to have such a hard-working housekeeping staff. Our employees, Judy, Teddy, Lupe, Janet, and Erin, with the direction of Sr. Mary Augustine, all work tirelessly to keep our Home fresh and clean and they have all worked extra hard during this time of pandemic to ensure that the Home is always sanitized.

Judy, our Housekeeping supervisor, has been here since January of 2017. She says that she “feels like this is home!” Each of these employees takes care of the Home like it is their own and we are grateful for their humble service. Janet expressed her love for being with the Residents and appreciates the opportunity to spend a few moments in the Chapel when there is time. Lupe has been working here at Mullen for four years and said that even though part of her job is “cleaning the toilets,” she is proud to be the one who keeps things clean and smelling fresh for all of us.

Teddy is the most senior Housekeeping staff member, he has worked for Mullen Home for 22 years. Aside from his janitorial duties, he can also be seen entertaining the crowds as a DJ at our events. Our newest member, Erin, has quickly learned the ways of the Home and works hard to keep it clean. His favorite part of the job is spending time with the Residents because he “can tell they need some company.”

In line with the mission of the Little Sisters of the Poor, each of our housekeeping staff members express their love of



caring for our dear Residents when coming to work. Sr. Mary Augustine said, “We are serving God by caring for our Residents. Some people see Mullen Home as God’s House, we see our dear Residents as God’s children.”

We recognize that our housekeeping staff’s daily tasks often go unnoticed, but we greatly appreciate all that they do in humble service for our Home. What a gift to have such a caring staff!



MOTHER'S MESSAGE



Dear Friends,

Throughout the gospels, Jesus says, "Do not be afraid." Oh, how important it is for each of us to hear these words right now. This past spring has brought about many changes in our daily routine that have undoubtedly been accompanied by feelings of fear, anxiety, and, at times, frustration. None of us is immune to the difficulties that we have been experiencing. As we continue to fight the coronavirus, it is so important that each and every one of us hear these words from our Lord loud and clear, "Do not be afraid." He is with us, He is bigger than this, we must hope in Him.

While these past few months have indeed been very different, we strive to keep things as normal as possible for our Residents. Restrictions have been implemented to protect the Home and we are working diligently to maintain an atmosphere of joy and hope for our Residents. Through all of the changes and precautions, we cannot help but see the great blessings that have come from this time of suffering. We are humbled by the response of our local communities; all of the donations, prayers, acts of service, and kind words have not gone unnoticed and we greatly appreciate your support. Please be assured of our prayers for you and your loved ones. We know that we must work together to fulfill the work of God and your generosity surely helps us to accomplish our mission day in and day out. Truly, we cannot do this without you.

We continue to do the work that we set out to do, knowing in full confidence that the Lord is with us and that His grace is enough. I am looking forward to the summer months, to the slow return of signs of life accompanied by warmer weather. While we continue to take precautions to protect our Home, I desperately long for the time that we can all rejoice together once this storm has passed! Until then, we remain united in prayer. May God bless each and every one of you, always.

Sincerely yours in Christ,

Mother Mercy Stella Theresa, L.S.P.

In Gratitude:

In his "Urbi et Orbi" address in March, the Holy Father said, "How many people every day are exercising patience and offering hope, taking care to sow not panic but a shared responsibility." We are grateful for our people! A big thank you to all of you for everything you have done for us during this pandemic. Every donation, purchased raffle ticket, act of service, prayer, thought, kind word of encouragement, etc. have all been so greatly appreciated. We know that this is a battle that takes all of us to overcome and we thank you for doing your part to slow the spread of this virus and to protect one another. Your dedication to the care and protection of each other provides us the best opportunity to keep our Residents safe and healthy. You give us hope and together, we will get through this!

DONATE ONLINE

(SAVE THE STAMPS!)



Visit our website

www.littlesistersofthepoordenver.org

to make a quick donation on
our WeShare page!

MISSION

Continuing the work of Saint Jeanne Jugan, our mission is to offer the neediest elderly of every race and religion a home where they will be welcomed as Christ, cared for as family and accompanied with dignity until God calls them to himself. The Little Sisters of the Poor have always been committed to respecting your personal information and privacy. The Little Sisters of the Poor will never sell, share, trade, rent or provide personal information to any other entity. Thank you for your continued support of our mission!